

Kaiser Permanente COVID-19 Town Hall



As everyone soaks in these last few weeks of summer, we will resume our COVID-19 Town Hall series on Friday, August 28. Please RSVP to this session where we'll continue to share important updates.

On Friday, July 31, Kaiser Permanente hosted our tenth COVID-19 Town Hall. Our experts presented a lot of great information and answered frequently asked questions. Any questions that weren't addressed during the meeting will be answered during future Town Hall sessions.

Below are a few of the important points we covered:

- **COVID-19 updates**

- Vaccine trials are in various stages of development.
- There is coordination in the scientific community to advance development.
- Vaccine production and distribution will be a challenge to solve globally; health disparities and public trust will be determining factors for adoption.
- In recent weeks, there has been a rise in new cases nationally, and we're also seeing rural areas impacted, along with rapidly rising hospitalization rates in some areas.
- Regionally, we need to continue to maintain our safety practices – wear a mask, practice frequent hand hygiene, and be sure to maintain appropriate social distancing. We cannot be complacent, especially as we head into the upcoming flu season.

- **COVID-19 and the flu**

- Getting a flu vaccine is more important than ever. While it won't protect you from COVID-19, getting a flu vaccine will help reduce your risk from flu and also help conserve potentially scarce health care resources.
- You can have the flu and COVID-19 simultaneously. Experts are studying how common this might be.
- The flu and COVID-19 can both be deadly. While there is still much to learn about COVID-19, it does seem as if COVID-19 is more deadly than seasonal influenza.
- Everyone 6 months and older should get a flu vaccine each year.
- Young children, adults 65 and older, pregnant women, and people with chronic conditions are at high risk for flu complications, which can lead to pneumonia, respiratory failure, and heart inflammation.
- Kaiser Permanente is preparing to provide flu shots for our members in several ways:
 - Alternative front and center flu clinics
 - Switch to appointment-based availability

- Drive up evenings and weekend option
 - During in-person appointments
 - Worksite flu shots
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- **Playbook for Healthy School Communities**
 - A number of nationally recognized and trusted school health organizations have come together to develop a playbook for when learning starts again.
 - The playbook is titled “Planning for the Next Normal at School: Keeping students, staff, and families safe and healthy.”
 - The playbook provides a framework to understand, assess, and implement strategies for COVID-19 prevention, social drivers of health, physical activity and physical education, staff and teacher well-being, and mental health and well-being.
 - You can access the playbook here: <https://thrivingschools.kaiserpermanente.org/get-inspired/coronavirus-response/schools-reopening-playbook/>

Please register for the August 28 session where we’ll continue to share important updates on COVID-19, care delivery, and plan information.

EVENT DETAILS:

DATE: August 28, 2020

TIME: 12 - 1 p.m.

[Click here to RSVP](#)

You will get an email prior to the town hall with the WebEx information.