

HOW CAN YOU MAXIMIZE YOUR HEALTHPERX? USE THE RESOURCES IN OUR CLIENT PORTAL.

Welcome to 2016.

Many of you are already registered at our HealthPerx Client Portal. Some of you may have forgotten about this resource. Some of you may not know about it. What is our Client Portal? Our Client Portal has tools to help maximize your HealthPerx benefit. In addition, it has the flyers and Posters that we use in our monthly newsletters that you can access and use anytime.



If you are not already registered, you can do it from our website, www.hperx.com or by clicking the following link, [HealthPERX Client Portal](#). Go to, "**Do not have an account? Register Now!**" I will approve you, and then you will be able to access all these great resources.

IT'S SPRING ALLERGY SEASON. TIME TO REMIND YOUR EMPLOYEES ABOUT TELADOC.



Depending on where you live, you may be seeing all the early signs of Spring: trees and bushes starting to flower, bulbs coming up, pollen on your car. All this means allergy season is arriving.

Here is a brochure that you can post in your Break Room or email to your employees reminding them to call Teladoc before they go their doctor, the ER or Urgent Care Clinic.

[It's Allergy Season](#)

MANY PACKAGES HAVE HEALTH ADVOCATE. DOES YOURS?



What is Health Advocate? This is actually a package of three different benefits. Here is some of what each benefit includes. For full descriptions, go to www.hperx.com under "Our Benefits" or login at www.mymemberportal.com

Medical Health Advisor

- Healthcare is becoming harder to understand. Personal Health Advocates help you find your way through insurance and healthcare systems. They can also locate doctors, specialists, hospitals, dentists and pharmacies. Advocates research treatments, resolve claims and provide medical explanations so you can make more informed decisions.

Medical Bill Saver

- Medical Bill Saver can identify billing and claims processing errors, which could reduce your expenses. Representatives can also help negotiate provider charges, which can be another source of savings.

Nurseline

- Registered nurses are on-call 24/7 to answer your questions for non-urgent concerns. Nurses can offer self-care tips, direct you to the appropriate care for immediate attention or tell you how to ease common problems such as a sore shoulder. Whether your baby has a fever in the middle of the night, you think you have the flu or you need to discuss side effects of medications, call NurseLine.