



# CIGNA BIG PICTURE

OCTOBER 2018

LOCAL NEWS

CIGNA ON-DEMAND

FOR AGENT OR BROKER USE ONLY. DO NOT DISTRIBUTE.

## 2019 Wellness Incentive Program Planning Reform

Employers planning high-value or high-dollar wellness program incentives in their 2019 plans should consult with their plan counsel for help in considering the risks of applying incentives close to, or up to, the 30% value. Here are some suggested discussion points. [Read More](#)



### Podcast: America's Mental Health Crisis and The Growing Impact of Loneliness 09/26/18 | 8:18 | All Businesses\*\*\*

Dr. Doug Nemecek, Chief Medical Officer for Behavioral Health at Cigna provides more insight into the findings of the Loneliness Study conducted by Cigna in partnership with market research firm, Ipsos. [Listen Now](#)



### Innovative Funding Solutions All Businesses\*\*\*

Non-traditional funding solutions that offer your clients a variety of options. [Read More](#)



### Becker's Hospital Review: Cigna and Collaborative Care All Businesses\*\*\*

Washington, D.C. may be pumping the brakes on some value-based care initiatives, but more progressive commercial payers like Cigna are putting their weight behind advanced collaborative care models. [Read More](#)

## CIGNA ON DEMAND



### Cigna Minute: Better Health. Guaranteed.

1:04 | Medium Business\*\*

The Better Health. Guaranteed. program offers clients a straightforward strategy aimed at improving the health status of their entire population.

[Watch now](#)



### Cigna Minute: Cigna Graded Funding

0:58 | Small Business\*

Provides all of the benefits of a self-funding experience plus the added benefit of stop loss insurance.

[Watch now](#)

### Cigna Minute: Insured 50% Dividend Eligible



1:01 | 150 or More Employees

Designed to provide organizations with 150 or more employees all the benefits of a traditional fully insured plan along with the opportunity to save when claims are lower than anticipated. [Watch now \[↗\]\(#\)](#)

[The Rest \[↗\]\(#\)](#)