

For brokers and producers only

Date: July 25, 2019

Market: **Group**

Coming Soon—Scale Back, A New Diabetes Prevention Program to Replace Innergy Weight Management

CareFirst is excited to announce a new diabetes prevention program (DPP), Scale Back, available for the group market through our wellness program. Scale Back **will replace the current Innergy® Healthier Weight program** following a pilot with CareFirst associates. Groups that renew(ed) for 2019 prior to October 1, 2019 will have access starting October 1. Groups with renewal dates after October 1, will have access upon their renewal. The new program will include a digital weight scale that integrates with the Sharecare platform and online group video chat sessions. Detailed information about Scale Back, and the transition away from Innergy, will be available soon.

For more information

If you have any questions, please contact your broker sales representative.