

For brokers and producers only

Date: April 4, 2019

Market: All, except Medicare Supplement

## Summary of Preventive and Contraceptive Services, Updated and Available on CareFirst.com

### Background

Under the Affordable Care Act (ACA), CareFirst and other health insurance carriers must cover certain preventive services at no cost to the member—no copay or coinsurance—even if the member has not met their deductible. These services are free only when delivered by an in-network doctor/provider. Some limitations may apply with respect to the availability, setting, frequency, or method of a service or treatment.

Members should speak with their doctor to know which covered preventive services are right for the member based on age, gender, and health status. To verify coverage, members can check their benefits contract, enrollment materials or call Member Service at the telephone number on their ID card.

### Current situation

CareFirst provides a list of covered preventive services on [www.carefirst.com](http://www.carefirst.com). The document is routinely updated as new or updated legislation requires. The most up-to-date list can be easily accessed directly from all CareFirst web portals (except Provider), under *Legal & Mandates*. (See image to right.)

Most recently, the list was revised to:

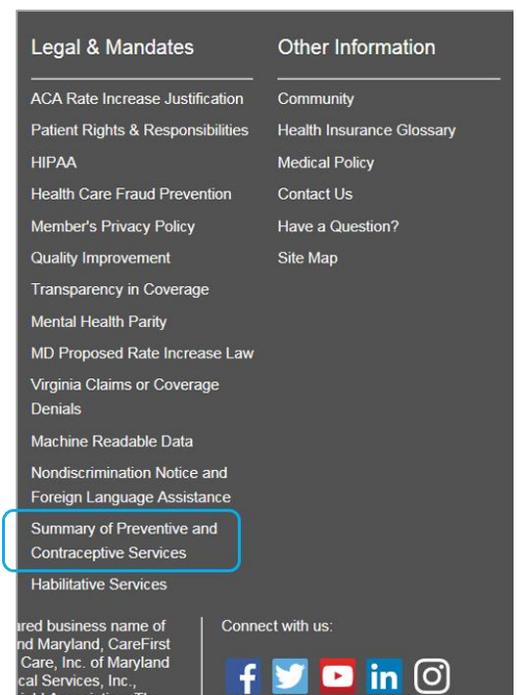
- Add lactation counseling to the prenatal care section
- Clarify prescription requirements for contraceptives (With this edit, the document title was also revised to *Summary of Preventive and Contraceptive Services*.)

The latest *Summary* is available [here](#). Please save and/or share this document as needed.

For future use, refer to the list provided on [www.carefirst.com](http://www.carefirst.com) to ensure you are always referencing the most up-to-date version.

### For more information

If you have any questions, please contact your broker sales representative.



As viewed from the member portal footer.